

献立表

Table with columns for days of the week (月曜日 to 土曜日) and rows for specific days (4 to 30). Each row contains meal details for breakfast, lunch, and dinner, including ingredients like rice, meat, vegetables, and dairy products. Includes a red circle highlighting a specific menu item and a red text box with a warning: '15日の献立ですがネネのみ、さわらではなくさばになります。'